MEW & IMPROVED MEMU ITEMS & GUSD

Check out our new healthy dishes and treats!









HONEY SESAME KALE SALAD

Kale in high in vitamin A, B6, C and K as well as calcium, potassium, copper and manganese. It is also high in fiber!

PULLED PORK WITH HOMEMADE BBQ SAUCE
Our homemade BBQ sauce is yummy and does not contain high fructose corn syrup!

BLACK BEAN BROWNIES

Our black bean brownies are homemade and packed with protein! Black beans are high in protein, fiber, folate, iron and B Vitamins.

WHOLE GRAIN RICOTTA COOKIES

It is recommended that half of the grains we consume in a day be whole grains. They are high in fiber & help keep you full longer!

You can pre-pay for school meals online at www.myschoolbucks.com