

# LUNCH

Reduced 0.40    Paid 3.50    Adult 4.00  
 Pizza Second Slice 2.00    A la carte Milk 0.50

Monday	Tuesday	Wednesday	Thursday	Friday
Nov 5 Chicken Strips & good-ole pasta	6 Healthy Whole Grain Lasagna (beef)	7 House Baked Chicken & brown rice	8 <b>IT'S BACK!</b> Homestyle Turkey, Gravy & Mashed Potatoes	9 12:00 Dismissal Cheese Pizza
12 <b>No School!</b>	13 12:00 Dismissal <b>It's Back!!</b> Cheese Tamale	14 12:00 Dismissal Ham* or Turkey Deli on Freshly Baked Bread	15 12:00 Dismissal BYOB (build-your-own-burger) & Goldfish Crackers	16 12:00 Dismissal Cheese Pizza
Nov 19-23 Thanksgiving Break (We are thankful for you! Have a good break with good food!)				
26 Popcorn Chicken & french toast sticks	27 Crunchy Beef T-A-C-O!	28 Teriyaki Chicken Bowl & honey sesame kale	29 <b>IT'S BACK!</b> Kids Homemade Mac & Cheese	30 Pepperoni* or Cheese Pizza
DEC 3 Pasta with homemade meat sauce (beef)	4 <b>FAVORITE!</b> Grilled Cheese & tomato dipping sauce	5 Salt & Pepper Chicken with brown rice	6 Whole Grain Nachos with meat & homemade cheese sauce	7 Pepperoni* or Cheese Pizza
10 Chicken Strips & good-ole pasta	11 <b>Lucky Tray Day!</b> Chili Con Carne with homemade cornbread	12 Chicken Parmesan Pasta	13 BYOB (build-your-own-burger) & potato	14 Pepperoni* or Cheese Pizza
17 <b>Smoothie Day!</b> Pasta with homemade meat sauce (beef)	18 Grilled Cheese & tomato dipping sauce	19 <b>NEW!</b> Orange Chicken Bowl & honey sesame kale	20 Homestyle Turkey, Gravy & Mashed Potatoes	21 Pepperoni* or Cheese Pizza

**Reach for the stars!**





Meal applications @ [gusd.schoolslunchapp.com](http://gusd.schoolslunchapp.com)

Lunch choices include fresh fruit and vegetables on a seasonal salad bar, and 1 percent or fat free milk. NONFAT CHOCOLATE MILK ON WEDNESDAYS



Pay for school meals @ [myschoolbucks.com](http://myschoolbucks.com)

\*contains pork

Menu Subject to Change

-  Fruit/Vegetable
-  Protein
-  Grain
-  Milk



Take 3 or more   
 1  must be a fruit or vegetable