

LUNCH

Reduced 0.40 Paid 3.50 Adult 4.00
 Pizza Second Slice 2.00 A la carte Milk 0.50

Monday	Tuesday	Wednesday	Thursday	Friday
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Lunch choices include fresh fruit and vegetables on a seasonal salad bar, and 1 percent or fat free milk. NONFAT CHOCOLATE MILK ON WEDNESDAYS	Meal applications @ gusd.schoolslunchapp.com (you must apply each year) Pay for school meals @ myschoolbucks.com
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Oct 1	2	3	4	5
Chicken Strips & good-ole pasta	Healthy Whole Grain Lasagna (beef)	House Baked Chicken & spanish brown rice	BYOB (build-your-own-burger) & potato	Pepperoni* or Cheese Pizza
8	Smoothie Day! 9	10	11	12
Street Tacos with fresh made carnitas!*	Turkey Ham or Turkey on Freshly Baked Bread	Chicken Parmesan Pasta	Pulled Pork Sandwiches* with awesome homemade BBQ sauce	Pepperoni* or Cheese Pizza
15	Brownie Day! 16	17	18	12:00 dismissal 19
Pasta with homemade meat sauce (beef)	Chicken Tostada with chipotle bean salsa	Teriyaki Chicken Bowl & honey sesame kale	Whole Grain Nachos with meat & homemade cheese sauce	Cheese Pizza
22	23	Lucky Tray Day! 24	25	26
Popcorn Chicken & french toast sticks	Crunchy Beef T-A-C-O!	Chili Con Carne with homemade cornbread	BYOB (build-your-own-burger) & potato	Pepperoni* or Cheese Pizza
Happy Cookie Day! 29	30	Halloween Special 31	Nov 1	2
Pasta with homemade meat sauce (beef)	Grilled Cheese & Tomato Dipping Sauce	Bat Nuggets & french toast fingers	BYOB (build-your-own-burger) & potato	Pepperoni* or Cheese Pizza

Reach for the stars!

Special Days!

- ★ Fruit/Vegetable
- ★ Protein
- ★ Grain
- ★ Milk



Take 3 or more ★
 1 ★ must be a fruit or vegetable

October 9th - smoothie with your meal
 October 16th - brownie with your meal
 October 24th - Find a sticker under your boat for a prize!
 October 29th - whole grain ricotta cookie with meal

*contains pork

Menu Subject to Change