



GOLETA UNION SCHOOL DISTRICT  
Health Services

## Health Information for Incoming TK and Kindergarten Students

Dear Parent/Guardian,

**Healthy children learn better!** State law requires that a child have a physical exam within 18 months before entry into first grade. However, Goleta Union School District would prefer that the physical be completed prior to entering kindergarten.

**If your child has their physical after March 1<sup>st</sup> of the Kindergarten/TK year, this requirement will be met and your child will not need another physical exam upon entering first grade.**

Please have your health examiner complete and sign the attached "Report of Health Examination for School Entry" form and return it to the school office.

And don't forget the importance of good dental health! Regular check ups and cleanings by your dentist ensures good dental health for both primary and permanent teeth. California law, Education Code Section 49452.8 requires that a child have a dental exam before May 31<sup>st</sup> in Kindergarten or First grade, whichever is their first year of public school. This assessment must be performed by a licensed dentist or other licensed/registered dental health professional. An oral health assessment up to 12 months prior to the date your child entered school will also meet this requirement.

Please take the attached "Oral Health Assessment/Waiver Request" form to your dental office, as it will be needed for your child's check-up. You may complete Section 3 if you wish to excuse your child from this requirement.

The following resources will help you find a dentist and complete this requirement for your child:

- Medi-Cal/Denti-Cal: 1-800-322-6384; <http://www.denti-cal.gov>
- Santa Barbara-Ventura County Dental Society at 805-648-7282

You will find this informational flyer regarding immunizations attached:

- Parent's Guide to Immunization Requirements – Proof of immunizations for DTaP, Polio, MMR, Hepatitis B and Varicella are required **before** your child can start school.

We look forward to meeting you and your child. Welcome to the Goleta Union School District.

Sincerely,

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Attachments:

- ✓ Report of Health Examination for School Entry
- ✓ Oral Health Assessment/Waiver Request
- ✓ Parent's Guide to Immunization Requirements