

BREAKFAST

Reduced & Free - No charge
Paid 2.00 Adult 2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast choices include assorted cereals, local and organic (when possible) fresh fruit or vegetable, and 1 percent or fat free milk.				
4 Pancakes & homemade pear butter	5 Homemade Carrot Pineapple Muffins	6 Sunshine Corndog (pancake & turkey sausage)	7 Homemade Breakfast Burrito (egg & cheese)	8 Fruit Smoothie Assorted Cereal
11 Plain Bagel with Cream Cheese	12 Healthy Chocolate Zucchini Muffin	13 Fun Oatmeal Sundae! (overnight oats & yogurt)	14 Chicken Sausage Patty on English Muffin	15 Fruit Smoothie Assorted Cereal
18 Pancakes & Maple Syrup (no HFCS)	19 Homemade Blueberry Muffin	20 Sunshine Corndog (pancake & turkey sausage)	21 Mini Frittata Bite Assorted Cereal	22 Fruit Smoothie Assorted Cereal

25 - 29 Spring Break!

We are Hiring!

Have an opinion on school food? Experience first hand what goes on in the food services department. Come work for us! We are hiring food service substitutes. Contact Kim at kleung@goleta.k12.ca.us for more info!

Reach for the stars!

 Fruit/Vegetable

 Grain

 Milk



Take 3 's please!
1  must be a fruit or vegetable

Kitchen Corner

Free/Reduced Meal applications at gusd.school lunchapp.com

Pay for school meals at myschoolbucks.com

*contains pork