

LUNCH

Reduced 0.40 Paid 3.50
 A la carte Milk 0.50 Adult 4.00

Monday Tuesday Wednesday Thursday Friday

Have an opinion on school food? Experience first hand what goes on in the food services department. Come work for us! We are hiring food service substitutes. Contact Kim at kleung@goleta.k12.ca.us for more info!



3 Pasta with homemade meat sauce (beef)	4 Popcorn Chicken & French Toast Sticks	5 Kids Mac & Cheese (homemade with love)	6 Pulled Pork Sandwiches (with homemade BBQ sauce)	7 Pepperoni* or Cheese Pizza
10 Harvest Chicken Noodle Soup with Crackers	11 Smoothie Day! Yummy Homemade Lasagna (beef)	12 Grilled Cheese & Tomato Dipping Sauce	13 BYOB (build-your-own-burger) & Baked Sweet Potato Fries!	14 No School!
17 No School!	18 Taco Tuesday! Crunchy Chicken T-A-C-O!	19 Lucky Tray Day! Teriyaki Chicken Bowl & Honey Sesame Kale	20 Nacho Supreme with homemade cheese sauce	21 Pepperoni* or Cheese Pizza
24 Orange Chicken Bowl & Honey Sesame Kale Salad	25 Pasta & meatballs (beef) with homemade sauce	26 Build your own Burrito (chicken colorado)	27 Happy Cookie Day! Turkey or Ham* Deli Sandwich on FRESH bread w/cheez-its	28 Pepperoni* or Cheese Pizza

Lunch choices include fresh fruit and vegetables on a seasonal salad bar, and 1 percent or fat free milk. NONFAT CHOCOLATE MILK ON WEDNESDAYS

Reach for the stars!

-  Fruit/Vegetable
-  Protein
-  Grain
-  Milk



Take 3 or more 's
 1  must be a fruit or vegetable

Kitchen Corner

Free/Reduced Meal applications at gusd.schoollunchapp.com

Pay for school meals at myschoolbucks.com