

BREAKFAST

Reduced & Free - No charge
Paid 2.00 Adult 2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast choices include assorted cereals, local and organic (when possible) fresh fruit or vegetable, and 1 percent or fat free milk.				
2 Pancakes & homemade pear butter	3 Homemade Carrot Pineapple Muffins	4 Sunshine Corndog (pancake & turkey sausage)	5 Breakfast Sandwich (egg & cheese)	6 Blueberry Pear Smoothie Assorted Cereal
9 Plain Bagel with Cream Cheese	10 Healthy Chocolate Zucchini Muffin	11 Hot Oatmeal & Toppings With String Cheese	12 Homemade Breakfast Burrito (egg & cheese)	13 Peachy Pear Smoothie Assorted Cereal
16 Pancakes & Maple Syrup	17 Homemade Blueberry Muffin	18 Yogurt & Granola	19 Mini Frittata Bite Assorted Cereal	20 - 27 HAPPY SPRING BREAK!
30 Plain Bagel with Cream Cheese	31 Snickerdoodle Muffin	<p>Parents! We need help in the cafeterias! Have an opinion on school food? Experience first hand what goes on in the food services department. Come work for us! We are hiring food service substitutes. Contact Kim at kleung@goleta.k12.ca.us for more info!</p>		

Reach for the stars!

 Fruit/Vegetable

 Grain

 Milk



Take 3 ★'s please!
1 ★ must be a fruit or vegetable

Kitchen Corner

Free/Reduced Meal applications at gusd.school lunchapp.com

Pay for school meals at myschoolbucks.com

*contains pork