

LUNCH

Meal Kits 5.50 for both breakfast and lunch

Reduced-priced - \$0.40

Monday	Tuesday	Wednesday	Thursday	Friday
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Meal kits come with whole grain breakfast, fresh fruits/vegetables, lunch entrée, and optional cold milk!

31	Sept 1	2	3	4
Pasta with homemade tomato meat sauce	Teriyaki Chicken Bowl & honey sesame kale	yummy homemade Lasagna (beef)	Deli Sandwich (turkey) & Cheez-Its	Pepperoni* Pizza
7	8	9	10	11
No School! Labor Day Holiday	Chicken Colorado Bowl (chicken over brown rice)	Pulled Pork Sandwiches* with awesome homemade BBQ sauce	Popcorn Chicken (whole grain!)	Cheese Pizza
14	15	16	17	18
Pasta & meatballs with homemade tomato sauce	Adobo Pork Bowl (chile adobo pork over rice)	Classic Hamburger on Whole Grain Bun	House Baked Chicken	Pepperoni* Pizza
21	22	23	24	25
Homemade Chili Con Carne	Teriyaki Pork Bowl* (over brown rice)	Homemade Chicken Enchilada	(deconstructed) Turkey Pot Pie in homemade gravy	Cheese Pizza
28	29	30	NEW! Oct 1	2
Chicken Marinara Pasta! (in 5-veggie tomato sauce)	Orange Chicken Bowl & honey sesame kale	Kids Mac & Cheese (homemade with love)	Homemade Pozole!* (hominy & pork broth w/tortilla chips)	Pepperoni* Pizza

Pick up meals 11:30 - 1pm at the following locations:

- El Camino Isla Vista
- La Patera Brandon
- Kellogg Ellwood
- Goleta Community Center (in the back)

Kitchen Corner

Meal applications @
gusd.schoollunchapp.com

Pay for school meals @
myschoolbucks.com

*contains pork

Menu Subject to Change