



# Goleta Union School District

## Wellness Committee Agenda 11/13/2019

<b>2019-2020</b> <b>Meeting Dates:</b>	<b>*10/30/19</b> Wellness Summit	<b>11/13/2019</b> 3:15-4:30	<b>1/22/20</b> 3:15-4:30	<b>4/22/20</b> 3:15-4:30
---	-------------------------------------	--------------------------------	-----------------------------	-----------------------------

1. Welcome and Introductions:



- a. How did you get here?

2. Gallery Walk:

- a. What is familiar? What is not?

3. Reviewing the Wellness Policy:

- a. 19-20 CDE Administrative Review (three-year cycle)
  - 1. Includes wellness policy, sales and marketing (e.g., ice cream, bake sales, etc.)

4. Updates/GUSD Happenings in our Food Program, Food Services Director, Kim Leung

- a. Healthy Choices flyer
- b. Harvest of the Month and Nutrition Education for preschool parents and students
- c. CALM coaches in preschool, TK, and La Patera School
- d. GUSD Kitchen field trips and presentations

Topics	11/13/19 3:15-4:30	1/22/20 3:15-4:30	4/22/20 3:15-4:30
Wellness Policy	Review policy	Provide input; design survey for sites	Discuss key areas; review survey results
Professional Development		Guest speaker	Debrief Professional Learning