



**Goleta Union School District  
Wellness Committee Minutes  
November 13, 2019  
Room 8, Goleta Union School District  
3:15 – 4:30PM**

**1. Welcome and Introductions**

*Members in attendance:* Kim Bruzzese, Jessenia Castaneda, Lisa Embury, Susan Epstein, Bianca Jamgochian, Lauri Kriva, Sookie LeMahieu, Kim Leung, Bessie O'Connor (Dairy Council), Sara Prince, Dr. Margaret Saleh, Carly Schmiess, Rachel Tedesco, and Lisa Wilcher.

**2. Gallery Walk**

Members spent time reviewing and ranking familiarity of different documents associated with GUSD wellness and resources located on the district website.

**3. Reviewing the Wellness Policy**

Committee reviewed revised wellness policy and the three-year administrative review cycle required by California Department of Education (CDE). Challenges with food sales, fundraising and marketing policies were shared and discussed.

**4. Updates/GUSD Happenings in our Food Program, Food Services Director, Kim Leung**

Kim Leung shared need for food service substitutes, her DISH publication from last spring, and further explained daily menu nutrients available on the district website as well as new additions to the menu. She highlighted available class presentation and field trips to the GUSD kitchen as well as the role of a nutrition intern to assist with education. Kim also shared her future hope of adding a Goleta's Golden Spoon or youth chef program. As a district, we are beginning to implement the use of hot serving counters and pin pads to make our lunch service more efficient.

Kim Bruzzese highlighted participation of CALM coaches in our transitional kindergarten, state preschool classes and La Patera campuses. All preschool through sixth grade classes are using the Second Step curriculum to support social-emotional learning. Parents and staff were interested in sectioning out portions of the "Goleta Union School District Healthy Ideas" document to make it more user friendly for parents and staff.

The meeting was adjourned at 4:30PM.

The next meeting is scheduled for January 22, 2020.