
GUSD Mission Statement

The mission of the Goleta Union School District is to maximize academic, intellectual, and personal growth in order for each student to prosper in, and positively influence, a diverse and dynamic world.

Message to our community

Dear Community/ Estimado Comunidad,

This is a brief list and update of available community resources. Due to the nature of non-profit and community-based programs, please check and confirm needed resources.

He aquí una lista breve y actualización de recursos comunitarios disponibles. Debido a la naturaleza de programas basados en la comunidad y sin fines de lucro, por favor compruebe y confirme los recursos que le hagan falta.

Contact Us

*401 North Fairview Ave.
Goleta, CA 93117
Phone: (805) 681-1200
Web: www.goleta.k12.ca.us*

*Jessica C. Ambroz, LCSW
District School Social Worker
Goleta Union School District
Phone: 818-699-5568
Email: jambroz@goelta.k12.ca.us*



Goleta Union School District

*401 North Fairview Ave.
Goleta, CA 93117*

Community Resources

Mental Health Services in Santa Barbara & Goleta

2020-2021



GOLETA UNION SCHOOL DISTRICT

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Discount Internet/ Wi-Fi/ Tech Help



Computers for Families - FREE

Various School Sites
5pm SWAP broken Computer
5:30pm Registration and Training
Exercise
6pm Setting Up & Staying Safe
Online Workshop
RSVP at <http://bit.ly/CFFRSVP>
1-805-964-4710 x5454 or x4401
Each School has a Staff person to sign up

Tax Preparation Free

United Way Vita Program
Volunteer Income Tax Assistance
www.unitedwaysb.org/es/vita
or
www.getyourrefund.org
www.myfreetaxes.org

Connect2Complete.org/cox

\$9.99 a month, restrictions apply
-Cannot have an overdue balance with COX
-Have a child K12, get free lunch or food stamps/Medical
1-800-234-3993

Goleta Valley Community Center/ Room 5A

Free Wi-Fi
Free Computer Access/ Wireless Printing
Tuesday to Friday 3pm to 7pm &
Saturday 9am to 1pm
OPEN TO THE PUBLIC

EqualiTec - FREE Computer Literacy

All On-Line, NO Walk-Ins
5679 Hollister Ave. #13 B
Goleta, CA 93117
(in Community Center in Old Town)
Equalitech.org
1-805-323-3653

Food Services



WIC Nutrition Services/ Free

(Food, formula, Parenting help for children 5 and under, fathers too, pregnant or postpartum)

Call to make an appointment/ FREE
1-877-275-8805 or 805-681-5275
315 Camino Del Remedio
Santa Barbara, CA 93110

www.countyofsb.org/phd/nutrition

Foodbank of Santa Barbara

Check website:

foodbanksbc.org

1-805-357-5741

Text "FOOD" or "COMIDA" to
1-877-FOOD801 or 1-877-366-
3801 with your zip code: 3
closest food sites listed

Office/ No Food provided:

4554 Hollister Ave.

Goleta, CA 93110

Catholic Charities

1-805-965-7045

Isla Vista Mobile Site -

appointment needed

6647 El Colegio Rd.

Isla Vista, CA 93117

Office Business: 609 E. Haley St.

Santa Barbara, CA 93101

The Salvation Army- Goleta

Food Pantry Open – Tues. 9-12,
1-4,

Wed. 1-4, 5:30 -7:30pm

4849 Hollister Ave.

Goleta, CA 93111

1-805-964-8738

Overview of COVID

If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, call your healthcare provider for medical advice.

Center for Disease Control / FREE Testing Sites:

<https://www.cdc.gov/>

Santa Barbara Public Health

<https://publichealthsb.org/>

Santa Barbara County Health Dept.

1-805-681-4200

www.countyofsb.org

Karmen Castillo /805-681-4777

Need help to make an appointment for COVID-19 Testing: 1-888-634-1123

Online appointments: <https://lhi.care/covidtesting>

Need more info: 1-833-688-5551 (M-F 9am to 5pm)



Who Is eligible for Medi-Cal?

Medi-Cal covers low-income adults, families with children, seniors, persons with disabilities, pregnant women, children in foster care, former foster care youth up to age 26, and undocumented youth up to age 26. Adults who work in low-income jobs without insurance are eligible because of the Affordable Care Act. If you have recently lost your health insurance due to job loss or hours reduction, you may qualify. In Santa Barbara, 1 in 4 people get through health and vision through CenCal.

Cencal Health

4050 Calle Real
Santa Barbara, CA 93110
1-877-814-1861
Cencalhealth.org/

Dept. of Health Care Services

Dhcs.ca.gov
Apply for Medical/Dental

California Children's Services (CCS)

345 Camino del Remedio, Santa Barbara, CA 931101-805-681-5360www.dhcs.ca.gov/services

California Children Services (CCS) provides medical care to children who are at risk for or who have serious, chronic and disabling physical conditions or diseases. Anyone can refer a child to CCS; but CCS will require medical reports and prescriptions for care from a physician to determine eligibility and authorize services.



In-Patient Residential & Out-Patient Chemical Dependency Programs Cont'd

Cottage Residential Center

316 W. Montecito Street
Santa Barbara, CA 93101
1-805-569-7422
No Medi-Cal, Private Insurances only
No Spanish speaking staff

Project Recovery Residential Detox

133 E. Haley St.
Santa Barbara, CA 93101
1-805-569-7422

Aegis Methadone Program

4129 State St.
Santa Barbara, CA 93110
1-805-964-4795/Medical & Sliding scale

Aegis Treatment Program

2055 Sauiers Rd. #A
Oxnard, CA – 805-483-2253

Santa Barbara Rescue Mission/ Bethel House (For women & children)

535 E. Yanonali Street,
Santa Barbara, CA 93103
1-805-966-1316
Sbrm.org

Zona Seca (Youth Programs/ Family Violence/ Addiction)

Court ordered programs for youth
26 W. Figueroa St.
Santa Barbara, CA 93101
1-805-963-8961
Tuesday- Friday 9am to 5pm

Sobering Center (CLOSED TEMPORARLY)

CALL Behavioral Wellness Access
1-888-868-1649 for treatment of substances/addiction

Pacific Pride Foundation (LGBTQI SAFE)

608 Anacapa St. Suite A
Santa Barbara, CA 93101
1-805-963-3636 x130

Emergency Services



Good Samaritan (for Women)

Shelter/Counseling/ Detox
Program
401 W. Morrison Ave.
Santa Barbara, CA 93101
1-805-347-3338

Noah Anchorage

(for children ages 10 to 17 years!)
A program w/YMCA, Crisis short
term intervention for youth
301 W. Figueroa St.
Santa Barbara, CA 93103
1-805-884-8481

Santa Barbara Rescue Mission

535 E. Yanonali St.
Santa Barbara, CA 93103
www.sbrm.org
1-805-966-1316

Sobering Center

19 E. Haley St.
Santa Barbara, CA 93101
1-805-966-3017

PATH

816 Cacique St.
Santa Barbara, CA 93103
1-805-884-8481
(no longer CASA Esperanza, merged
w/PATH)

Walk-in welcomed from 8am to
10:30am, Monday – Thursday

Transition House

Shelter: 434 E. Ortega St., Santa
Barbara, CA 93101
After Hours Shelter phone: 1-805-
730-3848
425 E. Chapala St., Santa Barbara,
CA 93101
www.transitionhouse.com/services/
Office: 1-805-966-9668

Domestic and Family Violence



Isla Vista Youth Project

New Location: 5638 Hollister Ave. #200
Goleta, CA
1-805-453-6722 - Alejandra Alvarez/
Site based family advocate
Ana Maya 1-805-869-3303
Azucena Lopez 1-805-453-5514

Immigrant Hope

935 San Andres Street
Santa Barbara, CA 93101
info.santabarbara@immigranthope.org
1-805-963-0166
Program: Violence Against Women

Domestic Violence Solutions

(Transitional Housing Program,
Emergency Shelter, 24-hour crisis
hotline,
Teen services)
www.dvsolutions.org
1-805-964-5245
1-805-963-4458
Office Non-Urgent Call: 1-805-964-
0500
Office Hours: 9am to 5pm, Groups
and Individual counseling for
victims
English, Spanish and Mixtec
Languages offered

Daniel Bryant Youth & Family

Domestic Violence Counseling/
Groups/ Advocacy
1111 Garden St.
Santa Barbara, CA 93101
www.cadasb.org / 1-805-730-7575

Legal Resources and Court Help



Immigrant Hope

@Isla Vista Youth Project every
Wednesday
3:30pm to 7:30pm
1-805-685-6900
1-805-963-0166

Legal Aid Foundation of Santa Barbara

301 E. Canon Perdido
Santa Barbara, CA 93101
Monday - 9:30 to 12 pm, 1:30 - 4pm
Closed on Fridays
Phone 1-805-963-6754
DV, Sexual assault, elder abuse,
eviction, consumer protection,
Immigration, counseling for first time
home buyers

Youth Mentoring Programs



Family Service Agency
Big Brothers & Big Sisters,
Helpline 24 hrs., School
based,
Case Mgmt., advocacy and in-
home!)
123 W. Gutierrez St.
Santa Barbara, CA 93101
www.fsacares.org
1-805-968-1001

**Council on Alcohol and
Drug Prevention**
Program: Fighting Back
(school based - youth)
232 East Canon Perdido
Street
Santa Barbara, CA
www.mentor-center.org
1-805-963-1433 - Brita
Conally
Request for referral

YMCA / St. George Youth Center
Lots of Virtual Events! Youth Club,
Tutoring, Parenting Support Groups,
Zumba, Self-Defense, Community Events,
Counseling & Referrals (for 5th graders
and up!) Membership fee of about \$7 a
month CALL for info: 1-805-685-9170
Leonor Reyes/ Director:
Leonor.Reyes@ciymca.org 889 Camino
Del Sur Isla Vista, CA 93117

YMCA / Santa Barbara
36 Hitchcock Way
Santa Barbara, CA 93105
1-805-687-7727
Various day camps/activities
Scholarships available
www.ciymca.org

UCSB Family Literacy Program
Isla Vista Community Center
Tutoring/ Resources/ Education support
CAB.BOARD.FLP@gmail.com
1-805-893-4296 / Spanish speaking also!
<https://americareads.as.ucsb.edu/>

The Salvation Army Youth Activities
After School Programs Monday to Friday
4849 Hollister Ave (at Turnpike)
Santa Barbara, CA 93111
1-805-683-3724
Mark Elle/ Jessica Carr
Director, Mark.ellel@usw.salvationarmy.org

Counseling & Family Services Cont'd



**Adoption and Foster Care/Resource
Parent Info:**
1-866-899-2649
www.info@ourcountyourkids.org

CARES Clinic: Monday, Wednesday &
Friday 10am to 12 noon / Walk-in
2034 De La Vina (corner of Padre), Santa
Barbara

**Isla Vista Youth Project/ Family
Resource Center**
1-805-685-6900/APPOINTMENT ONLY!
5638 Hollister Ave. #200
Goleta, CA 93117
THRIVE
Referrals/Food/Counseling/Childcare/A
ny help!
www.ivyp.org / Director: Ana Maya 805-
869-3303

ACACIA Counseling & Wellness
Virtual Therapy offered
281 Magnolia Ave., 2nd floor
Goleta, CA 93117
1-888-6999-4873
islavista@acaciaw.com
Some Private Insurance/ Sliding Scale fee

Holman Group
1-800-421-2560
<http://www.holmangroup.com/>
Managed Behavioral/Counseling services/
referrals.
Helpful resources and information

**Santa Barbara Dept. of Behavioral
Wellness**
Crisis Line & Intake: 1-888-868-1649
Business Line: 1-805-884-6580
315 Camino Del Remedio
Santa Barbara, CA

SAFTY – Crisis Hotline/ Youth
Safe Alternatives for Treating Youth
1-888-334-2777, 8am to 8pm
SBSAFETY@casapacific.org
General info: 805-445-7800

Dept. of Social Services
Child Welfare Services
To report child abuse: 1-800-367-0166
Mandated report form SS8572

To report Elder/ Dependent Adult Abuse:
1-844-751-6729
Office: 234 Camino Del Remedio
Santa Barbara, CA 93110

Vision Services



Hollister Optometric
1-805-968-3937
6831 Hollister Ave.
Goleta, CA 93117
Private Insurance

Eye & Vision Care
1-805-692-6977
5300 Hollister Ave.
Goleta, CA 93117
Private Insurance

SEE International/ Santa Barbara Vision
Free Vision Exams/Eyeglasses
FREE Appointment required:
1-805-963-3303 or 1-800-937-3133
Spanish speaking. / info@seeintl.org
175 Cremona Drive #100
Santa Barbara, CA 93117
Or
5638 Hollister Ave, #130
Goleta, CA 93117

Counseling & Family Services

You can call your insurance provider for a list of services and providers, coverage and more by calling the number listed on your insurance cards.

211 Santa Barbara County
www.211Santabarbaracounty.org
Get Connected, Get Answers
Resources/Services/ Supports

Youth Mentoring Programs Cont'd

Girl Scouts of California's Central Coast
1-800-822-2427
Virtual meetings/
Friendship Troops
(for girls, Kinder to 12 grade), \$25 fee
5638 Hollister Ave.
#320
Goleta, CA 93117
info@girlscoutssccc.org

Boy Scouts of America Los Padres Council
(all genders included)
Virtual meetings/programs
1-805-967-0105
4000 Modoc Road

CADA (Youth Program)
Mentoring Program/ Parenting Support/
Various Activities/Resources
Some Free/ Sliding Scale Fee costs
www.cadasb.org
1-805-963-1433

CAL-SOAP
Student Opportunity and Access Program
In-school/after school tutoring
721 E. Cota St. Rm #154
Santa Barbara, CA 93103
1-805-730-7373

www.calsoapsb.org
calsoap@cacsb.com

Substance Abuse & Alcohol Abuse/ 12 Step Programs

Daniel Bryant Youth & Family
Teen Court/ Substance Abuse/ Counseling & Groups/ Parenting Classes
1111 Garden St.
Santa Barbara, CA 93101
www.cadasb.org / 1-805-730-7575
Private Insurance, Medi-Cal & Sliding Scale
Alanont Hall
235 E. Cota St.
Santa Barbara, CA 93101
1-805-963-5013
Meetings AA and NA every day, call to confirm and type
Central Office: 1-888-868-1649

